## **SIGN IN**



AMSA at UC Merced presents

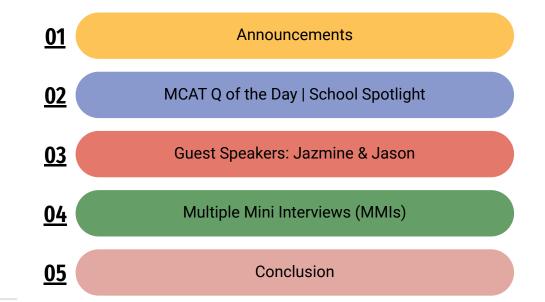
# Multiple Mini Interviews (MMIs)

Thursday, February 8th, 2024 | 6:30pm COB 105



### Agenda





#### **<u>01</u>** Announcements



Our next general body meeting will be February 22nd, 2024 at 6:30 pm on **Zoom!** We will be having a guest speaker talk to us about their experience as a medical student as well as their application process.

#### **Event Suggestions**

We would love some feedback and suggestions from our members regarding events and workshops!

Please let us know of any events you would like to see using this Google Form.



### **<u>02</u> MCAT Question** of the Day

Question: The "triple helix" structure of collagen is made up of three carbon-based helices that are tightly coiled around one another. Which of these amino acids is most likely to be present in collagen in the largest amounts?

> A. Proline B. Glycine C. Cysteine D. Threonine



#### B. Glycine

### Med School Spotlight

College of Osteopathic Medicine of the Pacific

#### **Doctor of**

#### **OSTEOPATHIC MEDICINE**

- Doctors of Osteopathic Medicine (DO) see patients, prescribe medications, perform surgeries, and deliver babies in hospitals, medical centers, and offices
- Whether they are primary care providers or specialists, DOs use all the standard tools of modern medicine, but also have additional therapeutic modalities with which to care for their patients
- Patient-focused care because they practice on a foundation of professionalism, benevolence, and respect
- WesternU/COMP requires confirmation of a baccalaureate degree as a requirement for matriculation
- Completion of a minimum of 90 semester units from a regionally accredited U.S. institution or its equivalent abroad at time of application
- Submitted official Medical College Admissions Test (MCAT) scores to AACOMAS: Scores cannot be older than three (3) years
- Two letters of recommendation
  - \* One (1) from a physician (MD or DO only, DO preferred)
  - \* One (1) from a science professor OR from a university health professions committee

Tuition & Fees: \$63,008.00 GPA: 3.49 Acceptance Rate: 20%

### **PA School Spotlight**

#### University of California, Davis PA Program

PAs are healthcare professionals licensed to practice medicine with physician supervision. As part of their comprehensive responsibilities, P.A.s conduct physical exams, diagnose and treat illnesses, order and interpret tests, counsel on preventive health care, assist in surgery and write prescriptions.

- Minimum bachelor's-degree GPA of 3.0
  - Minimum of 1,000 hours of paid or volunteer experience in a clinical environment with direct patient exposure. Hands-on, paid, patient-care clinical experience is preferred
  - The most competitive applicants demonstrate mostly paid experiences
  - Statement of purpose submitted through CASPA, additional essays required for the UC Davis Graduate Studies Application

### **<u>03</u>** Guest Speakers

Jazmine Kenny & Jason Avalos

- UCSF Latinx Center of Excellence's Aspiring Physician Program (aka APP, application deadline 2/16)
- Central Valley Medical Conference (Saturday, April 6)





#### UCSF Latinx Center of Excellence (LCOE)



Summer 2024: June 3 – July 12, 2024

January 29, 2024

### BACKGROUND

- □ UCSF LCOE was established in 2018 and received renewed funding in 2022 for five more years.
- PI and Director, Dr. Alícia Fernandez, General Internist at ZSFG
- Grant awarded by Health Resources & Services Administration (HRSA) with additional funds from UCSF School of Medicine, and the UCSF Office of Diversity & Outreach
- Partnered with SFSU, Fresno State, and UC Merced to provide extra support to pre-medical students who need more resources to successfully apply and matriculate to medical school
- UC Merced scholars join the Fresno State cohort



#### **LCOE VISION:**

### A healthy society where all people receive equitable and high quality, culturally informed healthcare.

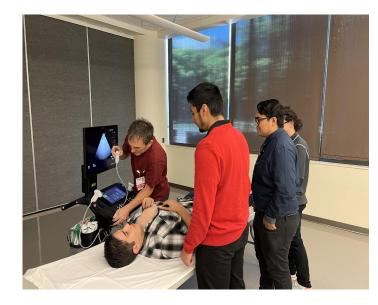


#### **LCOE MISSION:**

To improve the health and healthcare of California, with a focus on Latinx individuals, through the development of diverse physician leaders and through research, education, community partnerships, and advocacy.

#### **LCOE GOALS:**

- Develop physician leaders from minority populations, particularly the Latinx community
- Leverage UCSF, community and state collective capacity to improve California's health and healthcare
- Catalyze new knowledge on Latinx health
- Promote and model culturally informed medical education
- Provide expertise on Latinx Health and health inequities
- Advocate for the health of California's diverse communities



#### LCOE Aspiring Physicians Program (APP)

#### <u>PURPOSE</u>

6-week Summer Program

Students gain exposure to:

- 1. Working with a local community-based organizations
- 2. Health policy & writing research-based fact sheets
- 3. Introductory MCAT preparation, taught by medical students
- 4. Guest speakers and medical school panelists
- 5. How to prepare medical school application (AMCAS)
- 6. Students receive a \$3,000 stipend to help off set the work they <u>can not do</u> while in the summer program

\* Our program is full-time-hybrid for 6 weeks



### LCOE Aspiring Physicians Program (APP)

#### <u>PURPOSE</u>

#### Academic Year Program

- 1. Workshops on student professional development
- 2. Mentorship support
- 3. Student advising with APP faculty
- 4. Speaker Series
- 5. Fostering community between scholars and creating networking opportunities



#### **Eligibility Requirements**

- Must be a full-time Fresno or San Francisco State or UC Merced Undergraduate Student – during application and after the summer program ends
- 2. Plan to apply to medical school
- 3. Commit a minimum of one academic year to the program including the six-week summer program
- 4. A cumulative GPA of 3.3 or higher
- 5. Taken <u>one year of Biology</u> and Chemistry by the start of the summer program
- 6. U.S. citizen, U.S. permanent resident, or DACA status



#### **Eligibility: continued**

Due to our funding sources for this program, we have strict limitations on program eligibility

- •I identify as one of the following UIM race/ethnicities, OR two or more races/ethnicities when one is:
  - Hispanic/Latinx
  - African American
  - Native Hawaiian or Other Pacific Islander
  - Native American or Alaska Native
  - Asian American\* (Cambodian, Hmong, Laotian, Vietnamese, Indonesian, and Filipino)



#### **ALUMNI Q&A**

University California, Merced





**Jason Avalos** 

#### QUESTIONS





# For questions about the application or APP program, please contact your campus program coordinator:

Yoselin Castillo – Fresno State & UC Merced Coordinator Yoselin.Castillo@ucsf.edu Dr. Jazmine Kenny – UC Merced Office of Medical Education jkenny3@ucmerced.edu



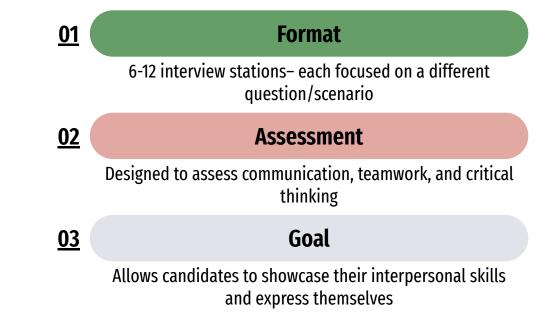
# 04 MMI Workshop

Get into groups of 3-4 members!

### What are Multiple Mini Interviews (MMIs)?

#### According to the Association of American Medical Colleges...





#### **MMI Practice Prompt**



Two patients need a liver transplant, but there is only one liver available at the time. Tell the interviewer how you would decide between: a 64-year-old retired politician who is a recovering alcoholic, or a 26-year-old mother of three who is on welfare.

What are your options? What issues would you consider?

What would you do? Discuss with your group.

### **Steps** to Consider

#### Step 1. Restate the prompt

Restating the prompt will give time to think on an answer while also showing the interviewer that you understand the given question.

Step 2. Pinpoint the competing ethical stakes (central conflict) Given the large amount of information provided, narrowing down the question can help to identify the conflict presented.

In the previous example, the conflict is the wellness of two patients in a conflict with limited resources.



### **Steps** to Consider

Step 3. Discuss what else you'd need to know to make your decision Ethical Dilemma questions will intentionally leave out details, and most of the time, these details would affect your decision. Use "If... then" statements.

For example:

- If the 64-year-old is still abusing alcohol, then I would likely be unable to give him the liver, but if he has been clean for many years, he might be a suitable candidate.
- If either patient has any current conditions or past medical history that could compromise or complicate the liver transplant, then I would likely give it to the other patient.



### **Steps** to Consider

Step 4. Take your stance (can be conditional, but must be clear)

At this point, you want to filter down all of those considerations above to give your qualified yet definitive stance:

If both patients had a seemingly equal chance of surviving the procedure and supporting the liver, and if both patients were fully aware of risks and willing to undergo the procedure, and if I had to solely make this decision as the physician without any higher authority, then I would choose the younger mother since she has more life ahead of her and three dependent children. But I would only do this if I were left with no other choice or alternative solutions.



The Savvy Premed. (2021, October 25). 250 sample MMI interview questions to practice in 2021. 250 Sample MMI Interview Questions to Practice in 2021. Retrieved September 27, 2022, from https://www.savvypremed.com/blog/250-sample-mmi-interview-questions-to-practice-in-2021

# **Time to Practice!**



### **Thank you!** Do you have any questions?

Next meeting: Thursday, February 22nd, 2024 @6:30pm on ZOOM



## **SIGN IN**

